



**Heating and serving instructions for menu items for home meal delivery service from
Greenleaf Provisions & Phil's Sliders**

Please note we lightly salt our dishes. So you may need to add "salt to taste" to soups and sauces.

Frozen Items

Turkey Meatloaf

Only thaw portions you plan to eat within a day and store in the refrigerator.

Microwave instructions: Place 2 to 4 slices on a microwave safe dish. Microwave on high for 4 to 8 minutes from frozen or 2 to 4 minutes from thawed, or until hot. Be sure to check every two minutes as the power of each microwave may vary.

Oven instructions: Preheat your oven to 375°F. Place desired number of portions uncovered in the middle rack in the center of the oven. Bake for 30 to 40 min from frozen or 15 to 20 minutes from thawed, or until very hot.

Tomato Garlic Sauce

Stovetop instructions: Meanwhile pour the tomato sauce into a saucepan and heat over medium heat on the stove top until hot. Simmer longer to reduce the sauce if you desire a thicker sauce.

Microwave instructions: Pour the sauce into a heat proof bowl. Heat for 1 minute at a time until hot, stirring and checking the temperature after each minute.

Vegetarian Enchiladas / Eggplant Parmesan

We recommend you thaw in fridge overnight before heating OR thaw on counter for 3 hours.

From frozen: Preheat your oven to 375°F. Place the covered tray on a baking sheet and place it on the middle rack in the center of the oven. Bake for 45 minutes. Remove lid and cook an additional 10 to 20 more minutes or until edges are lightly browned.

From thawed (in the refrigerator): Preheat your oven to 375°F. Place the covered tray on a baking sheet and place it on the middle rack in the center of the oven. Bake for 30 to 40 min. Remove lid and cook an additional 10 minutes or until top is lightly browned.



Mac N Cheese / Brisket

We recommend you thaw in fridge overnight before heating OR thaw on counter for 3 hours.

From frozen: Preheat your oven to 375°F. Place the covered tray on a baking sheet and place it on the middle rack in the center of the oven. Bake for 1 hour. Remove lid and cook an additional 10 to 20 more minutes or until edges are bubbling and top is lightly browned.

From thawed (in the refrigerator): Preheat your oven to 375°F. Place the covered tray on a baking sheet and place it on the middle rack in the center of the oven. Bake for 30 to 40 min. Remove lid and cook an additional 10 to 15 more minutes or until edges are bubbling and top is lightly browned.

Shepherd's Pie

We recommend you thaw in fridge overnight before heating OR thaw on counter for 3 hours.

From frozen: Preheat your oven to 375°F. Place the UNCOVERED tray on a baking sheet and place it on the middle rack in the center of the oven. Bake for 1 hour, or until edges are bubbling and top is lightly browned.

From thawed (in the refrigerator): Preheat your oven to 375°F. Place the UNCOVERED tray on a baking sheet and place it on the middle rack in the center of the oven. Bake for 30 to 40 min or until edges are bubbling and top is lightly browned.

All Frozen Soups / Stews / Chili / Beef Meatballs

From frozen: To defrost quickly, place the soup container in a bath of cold water in the sink and let sit until the contents come away from the sides. Carefully pour the contents into a pot and heat over medium low heat, stirring occasionally, until melted. Continue to heat until steadily bubbling for 1 to 2 minutes. Remove from the heat and serve.

From thawed (in the refrigerator): Carefully pour the contents into a pot and heat over medium low heat, stirring occasionally. Heat until steadily bubbling for 1 to 2 minutes. Remove from the heat and serve.

Seasonal Fruit Crisp

From frozen: Preheat your oven to 350°F. Place in oven uncovered for 1 hour

From thawed (in the refrigerator): Preheat your oven to 350°F. Place in oven uncovered for 20 minutes..



Salads & Other Dishes

Gougeres

These gougeres are delicious at room temperature but you can also enjoy them warm out of the oven if you desire.

Oven instructions: Preheat your oven to 350F. Place the desired number of gougeres on a baking sheet and place on the middle rack in the center of the oven. Bake for 3 to 5 min or until warm.

Frittata with Yukon Gold Potatoes & Aged Cheddar

We recommend this dish at room temperature, not cold. Take out of fridge 30 mins before you would like to serve it. However if you would like to warm it up please see below.

Oven instructions: Preheat your oven to 375F. Place on a baking sheet on the middle rack in the center of the oven. Bake for 10 minutes uncovered

Chilled asparagus and purple and red bliss potatoes with a truffled parmesan garlic black pepper aioli (GF)

Serve at room temperature. You can also gently warm the vegetables in the microwave for up to 1 minute.

Mini potato, lentil, caramelized onion croquettes with cumin and ancho chili with a yellow curry aioli (Vegan)

Oven instructions: Preheat your oven to 375°F. Place the desired number of croquettes on a baking sheet and place on the middle rack in the center of the oven. Bake for 8 to 12 min or until warm on the inside and crispy on the outside. Serve with aioli on the side.

Grilled tofu salad with toasted peanuts, scallions and cilantro in a ginger honey soy vinaigrette (Vegan)

Serve cold or at room temperature.



Thai BBQ Chicken Drumettes

We recommend this dish at room temperature. However if you would like to warm it up please see below.

Oven instructions: Preheat your oven to 375°F. Place drumettes on a baking sheet on the middle rack in the center of the oven. Bake for 10 minutes

Grilled Chicken Brochettes

We recommend this dish at room temperature. However if you would like to warm it up please see below.

Oven instructions: Preheat your oven to 375°F. Place drumettes on a baking sheet on the middle rack in the center of the oven. Bake for 10 minutes

Picnic Fried Chicken

Oven instructions: Preheat your oven to 350F. Spread out the desired number of pieces on a baking sheet and place it on the middle rack in the center of the oven. Bake for 10 to 15 minutes or until very hot.

If you heat the fried chicken in the microwave it won't be as crispy.

Spanish style roasted Mary's Organic chicken with lemons, paprika and roasted garlic cloves (GF)

Microwave instructions: Place 2 to 4 pieces on a microwave safe dish. Microwave on high for 2 to 4 minutes or until hot. Be sure to check every two minutes as the power of each microwave may vary.

Oven instructions: Preheat your oven to 350°F. Spread out the desired number of pieces on a baking sheet and place it on the middle rack in the center of the oven. Bake for 10 to 15 minutes or until very hot.

Grilled Miso-Marinated Niman Ranch Flank Steak

We recommend this dish at room temperature. However if you would like to warm it up please see below.

Oven instructions: Preheat your oven to 375°F. Place steak on a baking sheet on the middle rack in the center of the oven. Bake for 10 minutes



Perfect chocolate chip almond cookies

These cookies are delicious at room temperature, but you can also enjoy them warm out of the oven with a glass of cold milk.

Oven instructions: Preheat your oven to 300°F place the desired number of cookies on a baking sheet and heat in the oven for 2 or 3 minutes. Enjoy!



All Sliders & Mini Corndogs

Oven instructions: Pre-heat oven to 425 degrees. Heat sliders for 10 minutes with aluminum lid ON.

Tots & Sweet Potato Fries

Oven instructions: Pre-heat oven to 425 degrees. Heat Tots/Sweet Potato Fries UNCOVERED for 10 to 15 minutes or until crisp.